



 **EMPOWER YOUR WOMEN TO SHATTER THEIR GLASS CEILINGS**

InternBridge's Career Services Online Conference

@AlexiaVernon
Founder and Director, Influencer Academy

 **Women still occupy only 4.4% of Fortune 500 CEO positions.**

 **Women make up less than 20% of Congress.**



We must give young women opportunities to get up on their feet to practice the real-world leadership skills the world is hungry for them to possess.




 **Experiential Women's Leadership Program for High Potential Women Across Industries & Sectors**

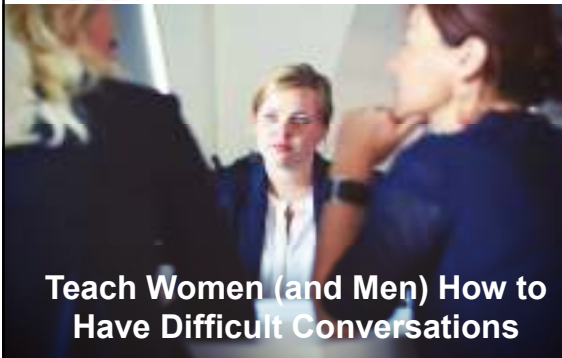
Interpersonal Communication * Public Speaking * Persuasion * Negotiation * Difficult Conversations * Coaching * Facilitation * Thought Leadership



 **Alexia in Her Mid-20s... Frustrated and Disappointed By Where Life Was Heading**

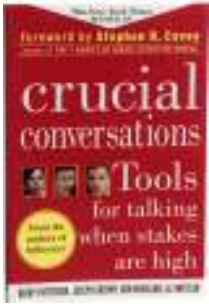


 **Teach Women (and Men) How to Have Difficult Conversations**

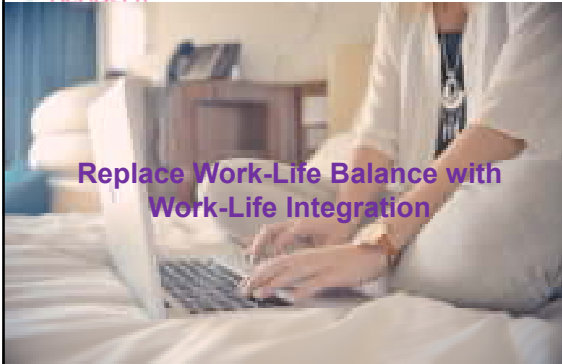


INFLUENCER ACADEMY

Professor Howard Markman found he could predict 90 percent of divorces based on whether the couples he interviewed were or were not having crucial conversations.



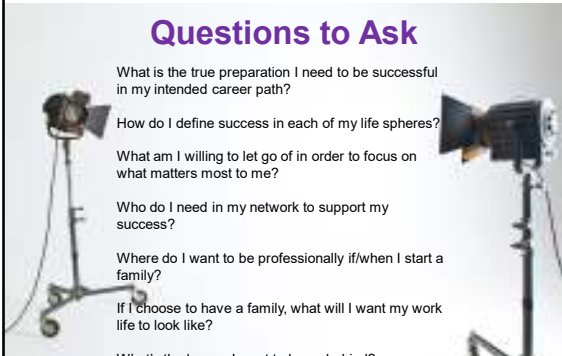
INFLUENCER ACADEMY



Replace Work-Life Balance with Work-Life Integration

INFLUENCER ACADEMY

Questions to Ask





- What is the true preparation I need to be successful in my intended career path?
- How do I define success in each of my life spheres?
- What am I willing to let go of in order to focus on what matters most to me?
- Who do I need in my network to support my success?
- Where do I want to be professionally if/when I start a family?
- If I choose to have a family, what will I want my work life to look like?
- What's the legacy I want to leave behind?


 **Successful Executive Women**


1. Protagonists in their stories.
2. Success is the byproduct of people in work life.
3. Feedback cited as a contributing factor of success.
4. Feel discomfort and takes action anyway.



 **My First Experience of Stepping Into My Moxie**




 Please help me ensure that future generations of women (and men) are effectively rehearsing the words, behaviors and skills necessary for sustainable success and life satisfaction.



 Give young women (and men) opportunities to illuminate, cultivate and practice using their voices – in classrooms, interpersonal conversations, meetings, on stage, campus, in the workplace, and community.



**Invite Alexia to Speak on Your Campus or at Your Company**

W: AlexiaVernon.com
E: Speaking@AlexiaVernon.com
Across social media: [@AlexiaVernon](https://www.instagram.com/AlexiaVernon)
